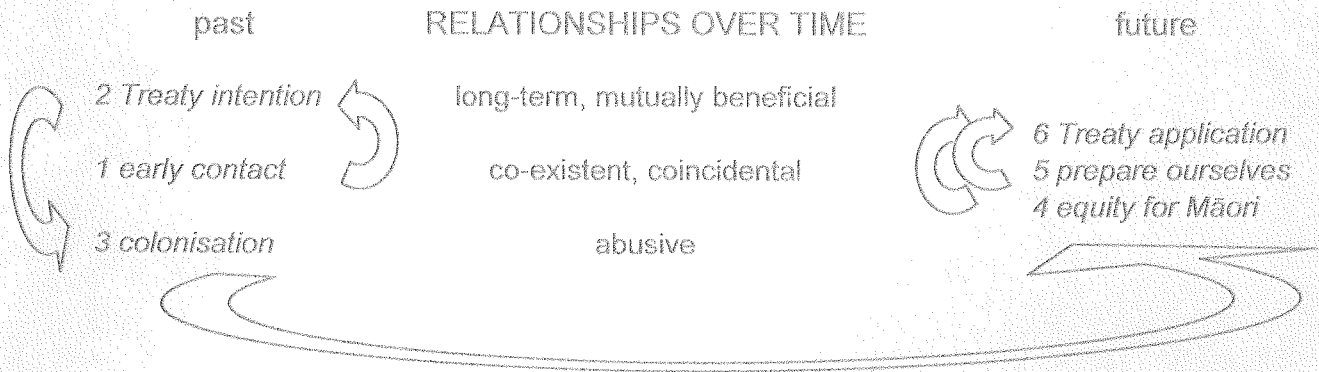


<p><b>Let's Get "Married"</b></p> <p>In the scenario, what needs to happen to move from the abusive relationship to a non-abusive relationship, assuming they continue to occupy the same space?</p>	
<p>What would need to happen before the parties re/consider making a commitment to a life-long, deep and meaningful relationship?</p>	

**PARALLELS IN OUR HISTORY**



**CURRENT MODEL (in progress)**

address equity for Treaty partner

- ✦ prepare ourselves (self-awareness + develop skills to be in relationship with 'other')
- ➔ ready to develop Treaty relationships

## THINKING ABOUT RELATIONSHIPS

1) Why do we have relationships? what do we want from relationships?

2) What are common kinds of relationships? (e.g., family)

3) Thinking about some good relationships that you have/had: what has made them better than other relationships? what contributes to having good relationships?

4) Thinking about some poor relationships that you have/had: what has made them worse than other relationships? what undermines relationships?



## Why have relationships?

- *Accountability*
- *Achieve a goal*
- *Avoid a cost*
- *Belonging*
- *Better quality of life*
- *Set boundaries*
- *Caring*
- *Communication*
- *Community (for future)*
- *Companionship/ company; avoid isolation; sense of belonging*
- *Conformity*
- *Connection*
- *Discover ourselves*
- *Friendship*
- *Have fun*
- *Gain a benefit*
- *Give & Take*
- *Healthy environment*
- *Helps facilitate collective aspect of identity*
- *Heritage/ancestry*
- *Humour*
- *Inspiration*
- *Learning; wisdom*
- *Love*
- *Meeting needs*
- *Money Gain*
- *Mutual benefit*
- *No one an island; part of our nature; makes us human*
- *Partnership*
- *Power*
- *Procreation of life*
- *Purpose*
- *Reducing isolation/loneliness*
- *Resources*
- *Respect*
- *Safety*
- *Satisfaction*
- *Security*
- *Self-esteem; feel liked, validated (you matter)*
- *Self-interest*
- *Sense of fulfilment*
- *Sharing interest*
- *Social structure*
- *Solve problems*
- *Someone to listen/talk to*
- *(Intellectual) stimulation*
- *Support*
- *To survive*
- *Psychological well-being*